



## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Louise Middlemiss

Has successfully participated & completed the

11km Medium Highland Gate Trail Run 2020

held at Highland Gate, Dullstroom.

**TIME** 02:29:00

**PACE** 13:31/km

**OVERALL** 208 of 223

**GENDER** 119 of 130

**40 - 49** 15 of 20

14 March 2020, Sat

Date



